

## **Board of Health Meeting – March 7<sup>th</sup>, 2018**

Division of Substance Abuse and Prevention  
Health and Human Service Department of Lowell

### *Substance Abuse Coordinator*

#### ***Initiatives***

- Partnering with Trinity EMS to collect opioid-related death record data for a Trinity EMS report regarding number of times Trinity EMS has seen a client prior to a fatal overdose
- 2/7 Met with Chair of Mayor's Opioid Epidemic Crisis Task Force, along with Kerran Vigroux and Maryann Ballotta, to discuss how the Substance Abuse Coordinator can be of service for the Task Force meetings/meeting prep. Discussed potential for new initiatives and subcommittees.

#### ***Attended the following meetings and events to build upon relationships, strengthen understanding of resources, and facilitate open communication regarding needs areas for the substance use community***

- 2/6 The Science of Addiction for Community Providers: Core Principles and Intervention Strategies
- 2/9. 3/9 District Attorney's Opioid Task Force Meeting
- 2/9 Met with Middlesex Community College student per student's request to learn more about the Division and efforts in the City regarding substance misuse and prevention
- 2/12 Met with Lowell House's Housing Opportunities for People With AIDS (HOPWA) caseworkers
- 2/13 MOAPC Meeting
- 2/13 MDPH Conference Call Re: New HIV and Hepatitis C Diagnoses
- 2/21 Met with Ruth Ogembo of Teen Block, along with SAPC and PFS Coordinators
- 2/23 Greater Lowell Health Alliance Network Luncheon
- 2/26 Mayor's Opioid Epidemic Crisis Task Force
- 3/9 Met with PFS Coordinator and Lowell House 18-24y/o case manager to discuss resources pertinent to younger age group

#### ***Attended the following initiatives for Smart Policing Initiative (SPI) and Prescription Drug Monitoring Program (PDMP) Grants***

- 2/5 Substance Abuse Coordinator met with the new Director of Recovery Coaching and Outreach Services at Lowell House, to discuss new Lowell House CO-OP member's transition onto the CO-OP
- 2/7, 3/7 SPI Conference Call
- 2/13 PDMP Meeting

#### ***Community Opioid Outreach Program (CO-OP)/Clinical Recovery Specialists***

- 2/7, 2/26 CO-OP Meeting, including supervisors
- 2/9 Reviewed community resources with new Police Department CO-OP member
- 2/12 Presented at UML Criminal Justice class
- 2/15 Spoke with Career Academy students re: needle safety
- 2/20 CO-OP Supervisor's Meeting
- 3/8 Meeting with Lowell House HOPWA to build a partnership

## *Massachusetts Opioid Abuse Prevention Collaborative (MOAPC)*

### ***Initiatives***

- Life Skills Training – Ongoing training with Wilmington/Tewksbury Religious Education leaders; Facilitation of Life Skills Certification training for teachers from Lowell and surrounding communities (Ongoing consultation) Training February 26
- Began implementation of Life Skills Elementary in Billerica classroom as part of directly supporting with teachers in the classroom 3 mornings per week, This will also fulfill a prerequisite to attend Life Skills Train the Trainer Course. Start Date: February 28<sup>th</sup>- Ongoing
- Worked with Westford Public school to support, facilitate, and coordinate a High School level Life Skills Training scheduled for April 13<sup>th</sup>
- Phone consultation with other MOAPC communities on Life Skills implementation February 15, ongoing
- Met with members of the Billerica School board and the Assistant Superintendent of Schools to begin implementation of Life Skills Training in Billerica Schools [Ongoing]
- Above the Influence Campaign- Planning for implementation within Wilmington/Tewksbury Religious Education classes (Ongoing consultation)

### ***Meetings/Trainings Attended***

- Greater Lowell Health Alliance Substance Abuse Prevention Task Force (Chair)(2/6)
- “Core Principals and Intervention Strategies” held at Lowell Senior Center (2/6)
- “Community that Cares” Survey results analysis in planning (Billerica: 2/7, 2/14, 2/28, 3/5)
- Massachusetts Opioid Abuse Prevention Collaborative /Substance Abuse Prevention Collaborative cluster meeting (2/13)
- Massachusetts Technical Assistant Partnerships for Prevention Quarterly Meeting (2/14)
- District Attorney Marian Ryan Opiate Task Force (2/9)
- Planning meeting with health teachers for Life Skills Implementation in Billerica Elementary (2/16)
- Phone meeting with BSAS (Bureau of Substance Addiction Services) grant coordinator (weekly)
- Attended administrative trainings for Drug Free Greater Lowell website (ongoing)
- Began work with UMass Lowell Public Health intern focused on the MOAPC grant (Start date 1/22, ongoing)
- Northeast Peer Recovery Learning community meeting to coordinate services in Lowell (ongoing)
- Greater Lowell Health Alliance Networking Luncheon (as steering committee member) (2/23)
- “Working with Stigma” Lecture, Lowell General Hospital (2/28)
- “Sustainability Planning” state conference call (2/2, 3/8)

## *Partnerships for Success (PFS)*

### ***Initiatives***

- Career Academy: On February 15<sup>th</sup> members of PFS and the Lowell CO-OP met with students in a Community Impact class on ways to get information out to their peers regarding needle safety and disposal.
- LHS Students: On February 16<sup>th</sup> we had a meeting with the PFS student group from Lowell High and other members of the PFS Team. During this meeting the students came up with a slogan and media ideas for the Social Marketing Campaign. The student leaders were also provided with packets created by BSAS for Athletic Opioid Misuse Prevention. The students will disseminate the packets and provide an overview to their respective teams.
- Middlesex Community College (MCC): On February 21<sup>st</sup> we participated in a campus wide outreach event at MCC. We provided educational materials and psychoeducation related prescription drug misuse to students and faculty at the event in the Cowen Center.
- Middlesex Community College (MCC): On March 7<sup>th</sup> members of the PFS Team presented to a class of 15 freshmen at MCC. The presentation was based on the dangers of sharing prescription drugs as well as how the opioid crisis has impacted their community.

### ***Outreach (with the intent of partnering moving forward)***

- Wayside- In order to further build capacity with youth serving agencies in the community, a meeting took place on February 5<sup>th</sup> at Wayside Youth and Family Support.
- Teen BLOCK- To further build our capacity at Teen BLOCK, a meeting took place on February 21<sup>st</sup> with the program director to discuss ways that PFS and Teen BLOCK can collaborate.

### ***Meetings/Trainings Attended***

- EDS Training - 2/6/18
- GLHA Substance Use Prevention Task Force - 2/6/18, 3/6/18
- District Attorney's Opiate Task Force - 2/9/18, 3/9/18
- Middlesex Community College student interviews - 2/9/18
- System of Care Meeting - 2/13/18
- MassTAPP Coordinators Meeting - 2/14/18
- GLHA Network Luncheon - 2/23/18
- Meeting with John Dun and other Lowell House Representatives - 3/9/18