

Board of Health Meeting – June 6th, 2018
Division of Substance Abuse and Prevention
Health and Human Service Department of Lowell

*Substance Abuse Coordinator
Lainnie Emond, LMHC*

Initiatives:

- Continued contact with Chair of Mayor's Opioid Epidemic Crisis Task Force to discuss ideas for the upcoming meeting agendas, recruit presenters, and inviting new partners to the table.
- 5/21 Hosted Data Subcommittee meetings through the Mayor's Opioid Task Force
- Researching factors surrounding spike in overdoses the weekend of Valentine's Day (over 20 overdoses within a three days) with the UML researchers and coordinators of the PDMP grant.

Meetings, Events, and Trainings:

- 5/1 – 5/4 BSAS Substance Abuse Prevention Skills Training
- 5/8 Meeting with Dianna Newell, Lowell House Director of Residential Services
- 5/15 MOAPC Coalition Monthly Meeting
- 5/16 Meeting with Dave Robinson, Coordinator of Student Support Services at Lowell High School, to discuss PFS
- 5/16 PDMP Grant meeting with researchers and police department partners
- 5/18 Meeting at Lowell High School with PFs student group
- 5/23 PFS Meeting
- 5/23 Meeting with Elaine Rezende from Boys and Girls Club
- 5/30 Community Advocacy Board Subcommittee Meeting for Syringe Exchange Program
- 4/30, 5/21 Mayor's Opioid Task Force

Smart Policing Initiative (SPI) and Prescription Drug Monitoring Program (PDMP) Grants:

- Updated Clinical Recovery Specialist Intake form and created formal client trackings
- 4/30 SPI Conference Call
- 4/18 PDMP Meeting

Lowell CO-OP (not including Clinical Recovery Specialists, refer to page 4)

- 5/7, 5/21 CO-OP Meeting
- 5/15 Interview with CDC re: spike in HIV cases
- 5/17 CO-OP members attended a Harm Reduction training hosted by Lowell House
- 5/30 CO-OP Supervisors Meeting
- CO-OP Supervisor position first round interviews took place week of 5/7

Massachusetts Opioid Abuse Prevention Collaborative (MOAPC)
Michael Hall M.Ed.

Initiatives:

- Consultant across cluster towns to various youth organizations on Life Skills Prevention training, implementation, and curriculum development ***Ongoing***
- Conducted Elementary Level Life Skills Prevention training in Billerica Elementary school ***Ongoing***
- Began working with Veteran's Support services in implementing Veteran's drop in services in cluster towns (recently adding Tewksbury, Westford, Billerica, Middlesex Com. College) ***Ongoing***
- Completed work with UMass Lowell Public Health intern working with the MOAPC grant (5/12)

Meetings/Trainings Attended:

- Mayor's Opioid Task Force (4/30, 5/21)
- Greater Lowell Health Alliance Substance Abuse Prevention Task Force (Chair; 5/1)
- Greater Lowell Health Alliance Steering Committee meeting (5/10)
- Massachusetts Opioid Abuse Prevention Collaborative / Substance Abuse Prevention Collaborative cluster meeting (5/15)
- District Attorney Marian Ryan Opiate Task Force (5/11)
- Shelter Operations and Functional Need Supports Services Training (5/17)
- Our Kids and Drugs of Misuse: Nicotine, Marijuana & Opioids Conference (5/22)
- Statewide Quarterly MOAPC grant coordinator's meeting (5/24)
- Phone meeting with BSAS (Bureau of Substance Addiction Services) grant coordinator (weekly)
- Attended administrative meetings for *Drug Free Greater Lowell* website (ongoing)
- Northeast Peer Recovery Learning community meeting to coordinate services in Lowell (ongoing)
- Mental Health Task Force meeting (5/25)
- New England Institute of Addiction Studies Conference (6/4-6/7)

Partnerships for Success (PFS)
Dan Witts resigned as PFS Coordinator, with his final day being 5/4/18
Lainnie Emond is currently acting as interim PFS Coordinator

Initiatives:

- Community Teamwork Inc., (CTI) – Youth Build: Lainnie Emond is currently working with PFS Coalition members Lauren Keisling from Lowell Community Health Center to create a schedule for substance abuse educational classes at Youth Build over the summer.
- Lowell Community Health Center – Teen Block: Lainnie Emond is currently working with PFS Coalition members Lauren Keisling and Eric Johnson from Lowell Community Health Center, as well as MOAPC Coordinator Mike Hall, to create one to two substance abuse educational presentations for youth involved in Teen Block in July.
- MIAA Teen Mental Health Summit: On April 27th, PFS took 8 Lowell High School students and one teacher to the 4th Annual Teen Mental Health Summit in Westborough, Ma. Students were able to attend workshops related to the importance of mental health. Lainnie Emond is currently working on scheduling a time to debrief with the students who attended this conference.
- Lowell High School: Lainnie Emond met with Dave Robinson, Coordinator of Student Support Services at Lowell High School, to discuss how PFS can have more of a presence at the school, as well as engage more with students and parents. Discussions included PFS having a table or presenting at pre-season athletic meetings, parent-teacher conferences, in-door sporting events (ie. having a table near an entrance); discussions also included engaging the PFS youth group in peer education on misuse of prescription drugs.
 - Lainnie will be meeting with the PFS student group creating the social messaging campaign for PFS on 5/18.

Other:

- 5/21 Phone conference with BSAS/MassTAPP providers to discuss expectations of Lowell PFS until a new Coordinator is hired
- 5/23 PFS Meeting facilitated by Lainnie Emond

*Clinical Recovery Specialists (Part of Lowell CO-OP)
Laura Harrison and Kylee Simao (Part-time positions)*

Relationship building/facility tours with local substance abuse treatment providers:

- 4/4/18 – Trinity EMS Service
- 4/5/18 – Lowell House
- 4/10/18 – HKD Treatment Options
- 4/17/18 – Lowell House (Men’s Recovery House, Glenice Sheehan Women’s Recovery House, Zach’s House, Learn To Cope, NFI Family Resource Center, House of Hope)
- 4/18/18 – Lowell Veteran’s Department
- 4/18/18 – Project Care
- 4/18/18 – NILP
- 4/19/18 – Cleat Slate Medication Provider
- 4/26/18 – HOWPA (Housing Opportunities for People With AIDS),
- 4/26/18 – VinFen
- 5/3/18 – South Bay Community Services,
- 5/3/18 – Lowell Transitional Living Center
- 5/9/18 – Pegasus House, Women’s View, Daybreak Shelter
- 5/10/18 – Lowell Vet Center

Meetings:

- 5/7, 5/21 - CO-OP Meeting

Trainings:

- 4/25/18 – Donna White - vicarious trauma and self-care at Lowell House
- 5/2/18 - Praxis – Overdose Prevention
- 5/17/18 – Harm Reduction – Lowell House

Clinical Recovery Specialist Active Client Caseload Summary

- Active Clients: 5

**The Clinical Recovery Specialists began meeting with clients on 4/23/18. The Clinical Recovery Specialists obtain referrals from the first responders on the CO-OP who actively follow-up with clients after a documented overdose. The Clinical Recovery Specialists are actively working with clients to secure treatment services, as well as follow clients through the treatment process so clients do not “fall through the gaps” along their recovery journey. There have been reports from the other CO-OP members that clients have inquired about services offered by the Clinical Recovery Specialists, but not yet actively sought out said services; Lainnie Emond, the current day-to-day supervisor of the Lowell CO-OP, and the members of the Lowell CO-OP are working to address this.*