

Board of Health Meeting – July 18th, 2018
Division of Substance Abuse and Prevention
Health and Human Service Department of Lowell

Substance Abuse Coordinator
Lainnie Emond, LMHC

Initiatives:

- Continued contact with Chair of Mayor's Opioid Epidemic Crisis Task Force to discuss ideas for the upcoming meeting agendas, recruit presenters, and inviting new partners to the table.
- 6/13, 7/3 Hosted Data Subcommittee meetings through the Mayor's Opioid Task Force
- Researching factors surrounding spike in overdoses the weekend of Valentine's Day (over 20 overdoses within a three days) with the UML researchers and coordinators of the PDMP grant.

Meetings, Events, and Trainings:

- 6/6 Metro Mayors Coalition: Information Sharing Forum
- 6/8 DA's Opioid Task Force
- 6/13, 6/27 Merrimack Valley Substance Use Disorders (fall conference) planning meetings
- 6/15 HEAT Conference
- 6/19 MOAPC/SAPC Coalition Monthly Meeting
- 6/19 Greater Lowell Health Alliance Substance Abuse and Prevention Task Force
- 6/20 PFS Meeting
- 6/21 MHOA Opioid Toolkit rollout meeting
- 6/21 NILP new office grand opening
- 6/26 Unwanted Medication/Sharps Take Back Event at Health Department
- 6/26 Opioid Dislocated Worker grant proposal conference call (Career Center)

Smart Policing Initiative (SPI) and Prescription Drug Monitoring Program (PDMP) Grants:

- 6/27 SPI Conference Call
- 6/12, 6/26 PDMP Grant meeting with researchers and police department partners

Lowell CO-OP (not including Clinical Recovery Specialists, refer to page 4)

- 6/5, 6/20, 7/10 CO-OP Meeting
- 6/5 CO-OP meeting with Judge Fortes and partners from District Court to make formal introductions and to discuss Section 35s
- 6/5 CO-OP Meeting with LCHC (OBAT, HIV, and Behavioral Health)
- 6/26 CO-OP Supervisors Meeting
- 6/28 CO-OP Meeting with Lowell House new ACO team
- Marcia Verma, recommended candidate for CO-OP Supervisor, accepted position offer and is scheduled to start 7/17

Massachusetts Opioid Abuse Prevention Collaborative (MOAPC)
Michael Hall M.Ed.

Initiatives

- Consulted across cluster towns to various youth organizations on Life Skills Prevention training, implementation, and curriculum development ***Ongoing***
- Conducted Elementary Level Life Skills Prevention training in Billerica Elementary school ***(through June 7)***
- Working with NAN project to create Life Skills Training for peer mentors in Mental Health, Suicide Awareness, Drug use prevention trainings. Mentors will be engaged in training lead by MOAPC and NAN throughout the summer. Planned implementation for NAN staff to be present in Lowell and surrounding town school systems in Fall 2018 ***(Ongoing)***
- Planning training for Teen Block participants at Lowell Community Health Center ***(July/August implementation)***
- New community Substance Misuse treatment and support resource cards rolled out to community partners ***(June 11)***

Meetings/Trainings Attended

- New England Institute of Addiction Studies Conference (6/4-6/7)
- District Attorney Marian Ryan Opiate Task Force meetings (6/8, 6/13)
- Planning meeting with Billerica Student Resource officers prevention curricula (6/14)
- Suicide Prevention Collaborative meeting (6/14)
- H.E.A.T Conference (6/15)
- Massachusetts Opioid Abuse Prevention Collaborative /Substance Abuse Prevention Collaborative cluster meeting (6/19)
- Greater Lowell Health Alliance Substance Abuse Prevention Task Force (Chair; 6/19)
- Partnership for Success monthly meeting (6/20)
- Massachusetts Health Officers Association “Electronic Opioid Toolkit” rollout meeting (6/21)
- Mayor’s Opioid Crisis Task Force (6/25)
- Unwanted Medication Take Back/Sharps Disposal Event at Health Department. Sixty one (61) citizens took advantage of this opportunity. *Fifty (50) pounds* of unwanted medications and approximately *six boxes (each weighing approximately 60 pounds)* of sharps/needles were collected for disposal (6/26)
- Greater Lowell Health Alliance Mental Health Task Force (6/27)
- Online Life Skills Training Prescription Medication Training (6/29)
- Attended multiple administrative meetings for *Drug Free Greater Lowell* website (ongoing)
- Merrimack Valley Substance Use Disorders fall conference planning meetings (ongoing)

Partnerships for Success (PFS)

Lainnie Emond is currently acting as interim PFS Coordinator until position is filled.

Initiatives:

- Community Teamwork Inc., (CTI) – Youth Build: Lainnie Emond is currently working with PFS Coalition member Lauren Keisling from Lowell Community Health Center to create a schedule for substance abuse educational classes at Youth Build.
- Lowell Community Health Center – Teen Block: Lainnie Emond is currently working with PFS Coalition members Eric Johnson from Lowell Community Health Center and MOAPC Coordinator Mike Hall to create a substance abuse educational presentation for youth involved in Teen Block for 7/11.
- Lowell High School: Lainnie Emond met with Dave Robinson, Coordinator of Student Support Services at Lowell High School, to discuss how PFS can have more of a presence at the school, as well as engage more with students and parents. Discussions included PFS having a table or presenting at pre-season athletic meetings, parent-teacher conferences, in-door sporting events (ie. having a table near an entrance); discussions also included engaging the PFS youth group in peer education on misuse of prescription drugs.

Other:

- 5/20 PFS Meeting facilitated by Lainnie Emond

Change in Staff

- Changes were made to the budget of the PFS grant which impacted the funding for the Administrative Assistance position that Binh Makishi held. The Administrative Assistance position was no longer effective as of 7/1/18, the start of the new fiscal year. Binh's last day of employment was 6/28.

*Clinical Recovery Specialists (Part of Lowell CO-OP)
Laura Harrison and Kylee Simao (Part-time positions)*

Relationship building/facility tours with local substance abuse treatment providers:

- 6/5 Lowell District Court-Drug Court
- 6/5 CO-OP Meeting with LCHC (OBAT, HIV, and Behavioral Health)
- 6/21 NILP open house
- 6/28 CO-OP Meeting with Lowell House new ACO team

Meetings:

- 6/5, 6/20, 7/10 - CO-OP Meeting

Trainings:

- 6/26 MAT via PRAXIS at Lowell House

Clinical Recovery Specialist Active Client Caseload Summary

- Active Clients: 9

**The Clinical Recovery Specialists began meeting with clients on 4/23/18. The Clinical Recovery Specialists obtain referrals from the first responders on the CO-OP who actively follow-up with clients after a documented overdose. The Clinical Recovery Specialists are actively working with clients to secure treatment services, as well as follow clients through the treatment process so clients do not “fall through the gaps” along their recovery journey. There have been reports from the other CO-OP members that clients have inquired about services offered by the Clinical Recovery Specialists, but not yet actively sought out said services; Lainnie Emond, the current day-to-day supervisor of the Lowell CO-OP, and the members of the Lowell CO-OP are working to address this.*