

# Attention: Measles Advisory

There has been a second confirmed case of measles in the Greater Lowell community. The patient was present in the community during their infectious period. **This means if you live in Lowell or the surrounding communities, you could have been exposed.**

## Here are some things you need to know:

### Vaccination is the best way to prevent Measles.

- If you have had measles in the past or have received two doses of the Measles-Mumps-Rubella (MMR) vaccine, you are unlikely to develop measles, even if exposed.
- If you are not sure of your vaccination status, call your doctor's office or health clinic for instructions on how to get vaccinated.

### The symptoms of Measles are:

- **Fever**
- **Cough**
- **Runny nose**
- **White spots in the mouth**
- **Conjunctivitis (red/pink eyes)**
- **Rash** - usually starts at the hair line and then moves downward across the whole body; may appear between 2-4 days after initial symptoms develop.

**If you develop the symptoms of measles, CALL your health care provider for instructions. Do not go to your doctor's office, health clinic, or hospital.**

Measles is a sickness that can spread from one person to another very easily. Going to your doctor's office, health clinic or hospital can increase the chance of spreading measles, especially to those who are at high risk of getting the disease.



If you have questions or concerns, call the Lowell Health Department at 978-674-4010 or the Massachusetts Department of Public Health Epidemiology Line, available 24/7, at 617-983-6800.