

# National Public Health Week



## What is Public Health?

Public health promotes and protects the health of people and the communities where they live, learn, work and play.

**Public Health is Here to Protect and Promote the Health of ALL People in ALL Communities.**

To achieve the best health for all, the Essential Public Health Services actively promote policies, systems and services that enable good health and seek to remove obstacles and systemic and structural barriers — such as poverty, racism, gender discrimination, and other forms of oppression — that have resulted in health inequalities.

## 10 Essential Public Health Services

1. Assess and monitor population health.
2. Investigate, diagnose and address health hazards and root causes.
3. Communicate effectively to inform and educate.
4. Strengthen, support and mobilize communities and partnerships.
5. Create, champion and implement policies, plans and laws.
6. Utilize legal and regulatory actions.
7. Enable equitable access.
8. Build a diverse and skilled workforce.
9. Improve and innovate through evaluation, research and quality improvement.
10. Build and maintain a strong organizational infrastructure for public health.