



Basic Disaster Supply Kit

You may need to survive on your own after a disaster. This means having your own food, water and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours, or it might take days. Basic services such as electricity, gas, water, sewage and telephone may be cut off for days, or even a week or longer. You may have to evacuate at a moment's notice and take essentials with you. You probably will not have the opportunity to shop or search for the supplies that you need.

A disaster supplies kit is a collection of basic items that members of a household may need in the event of a disaster.

You should store at least one gallon of water per person per day. A normally active person needs at least one half gallon of water daily just for drinking.

The following items are recommended for inclusion in your basic disaster supplies kit:

- Three day supply of non-perishable food
- Three day supply of water – one gallon of water per person, per day
- Portable, battery powered radio or television and extra batteries
- First aid kit and manual
- Sanitation and hygiene items (moist towelettes and toilet paper), soap and toothpaste
- Matches and waterproof container
- Whistle
- Extra Clothing
- Blankets or sleeping bags for the entire family
- Kitchen accessories and cooking utensils, including can opener
- Photocopies of credit and identification cards
- Cash and Coins
- Special needs items, such as prescription medications, eye glasses, contact lens solutions and hearing aid batteries
- Items for infants, such as formula, diapers, bottles and pacifiers